

WALK ACROSS TEXAS 2002 HIGHLIGHTS

Agents in District 2 reached 288 in 32 educational group methods and 2,424 in individual contacts. There were 69 volunteers trained who reached 283. Thirty-two teams walked 36,255 miles. Four of the 20 counties conducted Walk Across Texas including Hockley, Lubbock, Cochran and Yoakum.

In **Yoakum County**, there were 3 Walk Across Texas events. A total of 112 individuals participated in teams and walked 6,711 miles. As a result of the Walk Across Texas project: 100% increased their energy; 83% have started walking; 83% have increased the amount of exercise they were already doing; 76% reported that the project kept them exercising when they felt like quitting; 48% decreased the amount of time spent sitting and doing things like watching TV.

In **Lubbock County**, there were 375 participants who walked 25,544.22 miles. Over \$6,029 was received in donations from 25 corporate sponsors. 18 FCS Board members gave 96 hours volunteer time.



Lubbock County Family and Consumer Sciences Advisory Board members attended both the Lubbock City Council and County Commissioners Court meetings to receive Walk Across Texas Proclamations.